

February 2021

FOR PARENTS OF ALL NON-CLOSE CONTACTS OF A SINGLE CONFIRMED CASE OF COVID-19
at SGSAT The Forest High School

Advice for parents/carers following a single confirmed case in school

Dear Parent/Carer,

We have been advised that there has been a single confirmed case of Covid-19 within SGSAT The Forest High School.

We have followed Public Health England (PHE) guidance, are working closely with PHE, and informed Gloucestershire Council's public health and education teams. In line with the guidance, we have taken the decision to isolate the students who had contact with the confirmed case for 10 days. Due to staff self-isolating, FHS students will stay home for 10 days. All students will therefore return to school on **Monday 22nd February**.

We know this news may cause concern and that you may have questions as a result of reading this letter. Please be assured we are closely following all guidance from Public Health England to keep our school as safe as possible and that the safety of our children and staff is our number one priority. Due to the measures we have in place your child has not had contact with the confirmed case.

What to do if your child develops symptoms of Covid-19

If your child develops symptoms of Covid-19, **you should arrange for your child to be tested** through the NHS online portal www.nhs.uk or by calling 119. All members of your household should then isolate for as long as you are advised to do so. **Please do not request a test unless your child develops symptoms.**

Symptoms of Covid-19

If your child has any of these symptoms, get a test as soon as possible. Visit: www.nhs.uk/coronavirus. If you are unable to use the webpage, call 119. DO NOT call 111 to try and book a test.

- **a high temperature** – where your child feels hot to touch on their chest or back
- **or a new, continuous cough** – this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours
- **or a loss or change to sense of smell or taste** – this means they cannot smell or taste anything, or things smell or taste different to normal

For most children, coronavirus (COVID-19) will be a mild illness.

How to stop Covid-19 spreading

Remember there are things you can do to help reduce the risk of you and anyone you live with getting ill with Covid-19. It is everyone's responsibility to do the right thing.

HANDS, FACE, SPACE:

- Wash your hands regularly
- *Wear a face covering in all shops, indoor and hospitality venues, on public transport and taxis
- Keep your distance from others

*Exemptions include: children under the age of 11, people with breathing difficulties and people living with a disability.

Further information

Further information is available at www.nhs.uk

If you have any worries or questions please do not hesitate to contact us or consult GCC's FAQs at <https://www.gloucestershire.gov.uk/gloucestershires-community-help-hub/schools-re-opening-frequently-asked-questions-for-parentscarers-faqs/>

Yours faithfully,

John Whitehead
Headteacher
FHS