

September 2022

Dear Parents and Carers,

As a part of your child's education at SGS Forest, we promote Personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE/Personal Development) education programme.

Personal Development education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the next year your child's class will be taking part in lessons which will focus on the relationships aspect of this programme.

The Relationship, Sex education (RSE) and Personal Development curriculum overview for year 7-11 can be found on our website. Personal Development education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for the overview of the curriculum or it can be found here.

All Personal development teaching takes place in a safe learning environment and is underpinned by our school's values of Grow, Learn and value.

We would like to invite you to attend an informal parent information meeting on **Wednesday 28th September 3.30-4.30pm** to find out more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home.

As a school community, we are committed to working in partnership with parents; recent parental feedback has indicated that the overwhelming majority of parents continue to be highly supportive of the relationships and sex education programme. If you would like to find out more or discuss any concerns, we would urge you to attend the information meeting and look forward to seeing you there.

If you would like to attend please can you email me at April.booker@foresthgh.org.uk to confirm your attendance.

Yours sincerely,

Mrs April Booker
Assistant Headteacher



Alan Dane | Headteacher

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