



SGS  
**PEGASUS  
SCHOOL**

# Term 1 Safeguarding Newsletter

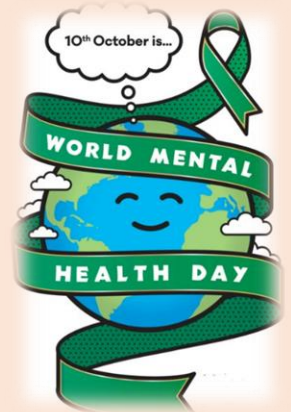
When it comes to Safeguarding, everything is important and we take it very serious at Pegasus. As well as that, this academic year I am going to give you termly updates on what our focus was and any resources I can highlight to you as parents and carers.

## Term 1's focus:

For us as a school this term our focus was the changes that have been put in place within the Keeping Children Safe in Education.

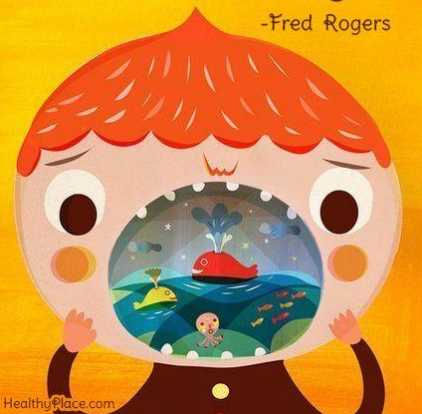
World Mental Health Day - activities took place in classes to highlight even more how important it is to reach out and talk about our mental health.

And we invited you as parents in for a tea & catch up!



When we can talk about our feelings, they become less overwhelming, less upsetting, and less scary.

-Fred Rogers



Key websites and resources for you as parents regarding support for mental health:

Mental Health Foundation

Young Minds

Mind

NHS - every mind matters

## Let's look ahead for term 2:

Our focus for Term 2 is Anti Bullying Week. Making an extra effort to highlight the importance of following our school values:

- Being kind to ourselves and others.
- Being respectful of the environment and needs of others.
- Being safe in all our choices.
- Being Responsible for our actions.

## Key dates to put in your diary regarding our term focus:

13<sup>th</sup> - 17<sup>th</sup> November

- Anti-bullying week

Monday 13<sup>th</sup> November

- Odd sock day

**Make a  
NOISE  
about bullying**  
#ANTIBULLYINGWEEK

Katie Oram

Designated Safeguarding Lead

October 2023